



Prevent Infections

Help prevent the spread of infections by staying home or cancelling your appointment if you are ill.

Some spreadable infections include a cold, cough, fever, diarrhea, and vomiting. Hand-washing is the best way to stop the spread of germs.

Remember To Clean Your Hands

- With the hand sanitizer when entering or exiting Rosedale Hospice and Sage Centre. Hand sanitizers are located at both centres.
- Before and after entering patient rooms.
- Before and after preparing or eating food.
- After using the washroom.
- After sneezing, coughing, or blowing your nose.
- Before and after contact with bodily fluids.
- More frequently when you are sick.

Look for the signs in the washrooms on how to effectively clean your hands.

Did You Know?

- Falls are the second leading cause of hospital admissions due to injury for all age groups.
- Hospice Calgary staff are trained annually on safety and emergency procedures.
- In the event of a fire alarm, staff will instruct you on the appropriate protocol.
- Staff are required to report to management any safety risks or incidents. Action is taken to prevent reoccurrence.
- The *Protection of Persons in Care Act* and the *Child, Youth & Family Enhancement Act* promote and regulate the prevention and reporting of abuse.
- Coughing or sneezing into a tissue or your elbow rather than your hands helps to prevent the spread of germs.

Hospice Calgary's Mission

To help families and individuals achieve support, hope and well-being through compassionate end-of-life and bereavement care.

Our Promise

We promise to journey with you through end-of-life and grief for as long as you need us.

We promise to have the difficult conversations with you about death, dying and grief; hearing your unique story and responding with compassion.



Sage Centre

Children's Grief
Centre

Rosedale
Hospice

Compassionate Support
When Life Changes

Safety Matters



Sage Centre

1245-70 Avenue SE
Calgary, AB, T2H 2X8
403-263-4525

Rosedale Hospice

920-7A Street NW
Calgary, AB, T2M 3J3
403-284-5195

hospicecalgary.ca
info@hospicecalgary.ca



At Hospice Calgary your safety is our priority. We are committed to working together with you to provide quality care.

Communicate

- A safe environment starts with good communication.
- Talk about your concerns, needs, and goals with your counsellor or care team.
- Discuss any questions you have about what you can expect.
- Ask for more information at any time.
- Sign in at reception on your arrival.
- Entrances are locked after hours at both Rosedale Hospice and the Sage Centre for your safety.
- If you or your family member require a translator please advise the staff. Where possible a translator will be contacted to assist with communication.

Everyone has a role in promoting safety and we encourage you to be active in your own care.

Prevent Falls

Falling can result in serious injury, but most falls are preventable. You can be at greater risk of falling if you are:

- taking medication.
- unfamiliar with the environment.
- experiencing a change in physical and mental status.



To Prevent Falls

- Be aware of your surroundings.
- Report any potential hazards to a staff member or volunteer.
- Tell staff or a volunteer if you feel unsteady on your feet.
- Use your mobility aid (e.g. cane or walker), if you have been advised to do so. If you require an assessment or assistance, please ask for help.
- Take your time.
- Wait for assistance with mobilizing if you've been asked to do so by staff, a volunteer or your family.
- In the event of a fall, call for help and wait for a staff member or volunteer to assist.

Potential Risks and Hazards

- Wet floors (use caution when the "wet floor" sign is present).
- Cords and oxygen tubing.
- Uneven surfaces or obstructed pathways.
- Cluttered environments.
- Improper use and maintenance of mobility aids.
- Night time or poor lighting.

Verify Your Personal Information

- As a Hospice Calgary client you will be asked to verify your identity. Your identification may include your name and date of birth.
- As a safety precaution, when there is a change of staff your identity will be verified.

For More Information Contact:

Sage Centre & Children's Grief Centre
403-263-4525

Rosedale Hospice
403-284-5195